

### Items we would appreciate are:

#### Cup a Soup



#### Snacks



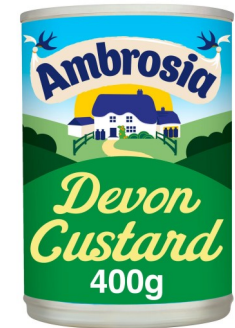
#### Tinned Meat



#### Rice Pudding



#### Tinned Custard



**Please note that we have plenty of cereal, pasta, beans and soup**

Please ensure all food is well within date and unopened as we are not allowed to distribute out of date food.

Donations can be left in the our collection bins in Nationwide and Halifax Building Societies,

One Stop in Cheriton and Folkestone Rainbow Centre

Items purchased in store in Asda, Tesco, Waitrose, Sainsbury's in Park Farm and New Romney

can be left in their collection bins.

Food donations can also be purchased by using the Spareable App

Financial donations can be made via our website [www.shepway.foodbank.org.uk](http://www.shepway.foodbank.org.uk)