



# We are holding an extra blood donation session

at **The Grand** The Leas, Folkestone, CT20 2XL  
on **Thursday 29<sup>th</sup> October 2020** and have appointments  
available between **13:30 – 19:30**.

**To book an appointment**

- visit us at **blood.co.uk**
- download our app **NHSGIVE BLOOD**
- call us on **0300 123 23 23**

We have extra safety measures in place to allow for social distancing but ask that you **come alone** to session and **do not bring children** if possible at this time.



ordinary  
people,  
extraordinary  
lifesavers



Save a life  
Give blood