

The Folkestone Haven

Are you experiencing a mental health crisis and need immediate support?

From 1st July 2020, come along to Hestia's Folkestone Haven, a safe and supportive space to help you manage your stress, anxiety and crisis.



**The Folkestone Haven
c/o The Rainbow Centre
69 Sandgate Road
Folkestone, CT20 2AF**

**Mon-Fri:
18:00 - 23:00
Sat-Sun/Bank Holidays:
12:00 - 23:00**

No appointment needed

For residents of Folkestone and Hythe District

For more information please contact
Folkestone.Haven@hestia.org
07827533871

Service provided by:

